



MINERALS COUNCIL
SOUTH AFRICA



Khumbul'ekhaya



LETSATSI LA NAHA LA BOPHELO LE POLOKEHO MERAUFONG

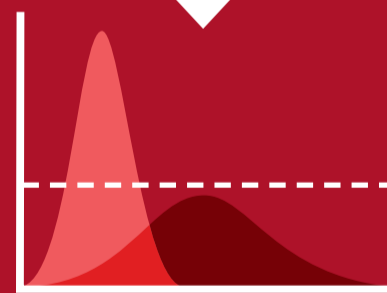
HA RE IPOPILE NGATANA-NNGWE RE TLA ATLEHA



Ha fediseng
dikotsi tsa
ho hlokahala
mosebetsing



Ha re fediseng
bokudi bo
bakwang ke
mosebetsi, bo
kang lefu la
silicosis le TB



Ha re fokotseng
sekgahla sa
ho nama ha
tshwaetso
ya COVID-19,
mosebetsing le
lapeng



Ha re
fihlelleng qeto
ya dikotsi



DULA O BOLOKEHILE
MME O PHETSE HANTLE
LAPENG LE MOSEBETSING

#MakingMiningMatter

#inthistogether #zeroharm #slowthespread



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TLWAELO YA RONA ENTJHA

Tshwaetso ya COVID-19 e tla ba le rona ka dikgwedi tse tlang le ka dilemo

Ho ithuta ho sebetsana le yona e
tlameha ho ba tlwaelo ya rona e ntjha



Batho ba bangata
ba fumanang
tshwaetso ba
ke ke ba ikutiwa
ba kula, empa ka
e fetisetsa ho
ba bang

E ba le boikarabelo

Itshireletse, sireletsa
basebetsi-mmoho le wena, sireletsa
malapa le setjhaba. Mme, ka
ho kgethehileng sireletsa batho ba
nang le monyetla o moholo wa ho
tshwaetswa



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KGAOTSA HO NAMISA TSHWAETSO:

Mekgwa e metle ya bohloeki e tla fokotsa sekgahla sa ho nama ha tshwaetso ya COVID-19



Hlapa matsoho a hao kamehla ka metsotswana e 20 ka sesepa le metsi



Qoba kopano le motho ofe kapa ofe ya nang le feberu le ya kgohlelang



Qoba katamelo e haufi bathong ba bang haeba o hohlola kapa o na le feberu



Kwahela molomo le dinko tsa hao ka setsu kapa thishu ha o kgohlela kapa o thimola



Qoba ho thetsa sefahleho sa hao

Mekgwa e metle ya bohloeki mosebetsing le lapeng e tla o sireletsa le ho sireletsa baratuwa ba hao hore ba se kule



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KGAOTSA HO NAMISA TSHWAETSO:

**Le hoja re ipopile ngatana-
nngwe ho sena, re ntse re
tlameha ho sielana sebaka**



Qoba dibaka tsa batho bohle le dibaka tse nang le batho ba bangata



Boloka bohole ba dimithara tse 1.5 ho isa ho tse 2 ho tloha bathong ba bang haeba ho kgonahala



Haeba ho sa kgonehe hore o sielane sebaka le batho ba bang, etsa bonnete ba hore o rwala mask



Hlapa matsoho a hao ka sesepa le metsi haeba o kopana haufi le batho ba bang kapa dibaka tse ding

Ho sielana sebaka mosebetsing, le motseng wa lona, ho ka fokotsa sekgahla sa tshwaetso ya kokwana ena



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KGAOTSA HO NAMISA TSHWAETSO:

**Di-mask tsa hao di ya o
sireletsa, di sireletsa lelapa
la hao le ho sireletsa batho
ba bang**

Rwala mask ya sefahleho kapa ntho e o kwahelang nako e nngwe le e nngwe ha o tloha lapeng

ETSA BONNETE BAH ORE:



Mask ya hao e
kwahela nko ya
hao le molomo
ka ho feletseng



Dula o e rwetse
ha o kgohlela
kapa o thimola



O se thetse
mask ya hao
ha o ntse o e
rwetse



Hlatswa ka metsi
a nang le sesepa
lesela la di-mask tsa
hao tsa sefahleho
kamora tshebediso
e nngwe le e nngwe

**Ipoloke o sireletsehile kae kapa kae moo
o yang teng ka ho rwala mask**



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KGGAOTSA

DINTWA KGAHLANONG LE BASADI

Nakong ena ya ho kginwa ha metsamao le ditshebeletso, basadi ba bangata bay a hlekefetswa, ba ntshwa dikotsi le ho bolaelwa matlung a bona

**SENA SE
TLAMEHA HO
KGAOTSA**



Ha ho na
boikemelo tabeng
ya tthekefetso

**O se be moshebelli ya emelletseng thoko.
Tlaleha tthekefetso, fana ka thuso, fumana thuso.**



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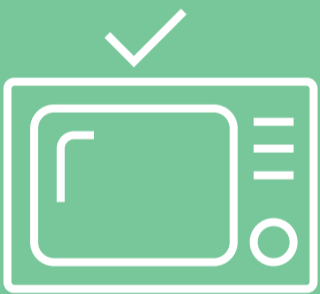
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KE TABA E TLWAELEHILENG HO IKUTLWA

**O TSHOHILE LE HO SE TIISEHE
KA DINTHO NAKONG ENA YA
TSHWAETSO YA COVID-19**

**Dula o na le tlhahisoleseding
ya moraorao - haeba o na le
tlhahisoleseding e batsi o tla
ikutlwa o le betere**



O se ke wa dumela ntho e nngwe le e nngwe - fumana tlhahisoleseding ya hao ho tswa mehloding e tshepahalang



•E ba mosa ho batho ba o potolohileng - motho e mong le e mong a ka fumana tshwaetso ya COVID-19, mme boholo ba batho ba hlahohelwa kapele



E ba le boikarabelo - boitshwaro bo kotsi bo ka mpefatsa dintho le ho eketsa monyetla wa ho kula



Buisana le bana ba hao - ba aparetswe ke tshabo nakong ena

Fumana thuso haeba o ikutlwa o hloleha ho sebitsana le boemo - buisana le ngaka ya hao, mooki wa hao, motswalle, baetapele ba bodumedi



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